BC-DMT CONTINUING EDUCATION

The Dance/Movement Therapy Certification Board (DMTCB) requires 100 hours of Continuing Education every five years to maintain certification.

Definitions: Continuing Education is understood to mean activities which the professional seeks in order to expand dance/movement therapy knowledge and skills. Continuing Education (CE) hours are defined as actual participation or clock hours in an activity.

Conversion: October 9, 2009 ADTA retired the DTR and ADTR credentials and adopted R-DMT and BC-DMT respectively, as their replacements. All active credentials were automatically converted on that date and holders of lapsed credentials have a grace period of three (3) years to re-activate a lapsed credential and be converted. Deadlines for filing CE compliance were not affected by the conversion. The individual compliance dates – July 1, 2005 for anyone who was an ADTR by June 30, 2000 and every five (5) years thereafter (2010, 2015, etc.) remains the same. Those who were granted the former ADTR after June 30, 2000 continue to file five (5) years from the date of receiving the credential. The change to BC-DMT does not interrupt this process. All BC-DMTs who were scheduled to file in 2010 under the former ADTR service mark, must file by June 30, 2010. The same follows for those who were scheduled to file in subsequent years.

Deadlines: Each BC-DMT is responsible for maintaining documentation, recording CE hours, and filing CE compliance five (5) years after being granted certification and every five years thereafter. Hours are documented by the BC-DMT completing the CE Filing Form and sending to the DMTCB via the ADTA National Office by July 1 of the required year. Prior to the Filing Date, a BC-DMT may request in writing a six-month grace period to complete the 100 CE hours. If the CE hours are not submitted by the end of the grace period, the BC-DMT will be suspended and the individual is bound by the Code of Ethics to neither practice as a BC-DMT nor list the BC-DMT beside one's name. Upon filing the 100 CE hours and paying fees due, the BC-DMT credential will be reinstated.

Documentation: It is the BC-DMT's responsibility to keep an accurate record and required documentation of continuing education activities. Each BC-DMT will download the CE Filing Form from the DMTCB area of the ADTA website and mail it to the DMTCB via the ADTA National Office, postmarked by the Filing Date. It is not necessary to send in the CE folder or individual CE certificates.

BC-DMT/NCC: National Certified Counselor recertification is through NBCC every five years. Continuing Education on dance therapy and related topics is an approved content area for BC-DMT/NCCs. BC-DMTs who are also NCCs are responsible to meet NBCC requirements for NCC recertification.
GUIDELINES FOR CATEGORIZING BC-DMT CONTINUING EDUCATION

I. EDUCATION*

<table>
<thead>
<tr>
<th># of CE Hours</th>
<th>Documentation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Determined by Provider</td>
<td>Participation Certificate</td>
</tr>
</tbody>
</table>

A. Continuing Education

✔ Courses in work settings
✔ Courses in professional institutes
✔ Workshops at professional conferences
   (includes ADTA conference and chapter workshops)

B. Professional Education

✔ Enrollment for credit and receipt of passing grade

*NOTE – Content for Continuing and Professional Education include but are not limited to:
dance/movement therapy theory and practice; individual, family, and group dynamics; specific patient populations (diagnosis, age); treatment approaches; movement interventions; movement observation and analysis; administration; research methodology and design; evaluation techniques; legal and ethical issues; private practice; professional writing; technology training (e.g., using research software, using the Web); NCE preparation; counseling courses.

II. PROFESSIONAL DMT ACTIVITIES

<table>
<thead>
<tr>
<th># of CE Hours</th>
<th>Documentation</th>
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A. Publishing

✔ Authoring or editing a professional development or academic book 50 Copy of cover page
✔ Authoring a refereed article or chapter 25 Copy of cover page
✔ Authoring a non-refereed article or chapter 5 Copy of cover page
✔ Serving on an editorial board for one year 10 Letter of confirmation
✔ Producing or authoring a video for educational purposes 25 Copy of credits

B. Research

✔ Research team member actively engaged in project 20 Letter of confirmation
✔ Primary or co-author of a new research proposal or grant 50 Letter of confirmation

C. Advocacy

✔ Advocating for dance/movement therapy or providing expertise to institutions or allied associations (NCCATA officer, non-paid consultant, delegate to special interest group) for one year. 10 Letter of confirmation
✔ Advocating for dance/movement therapy to prospective dance/movement therapists at career/college day 2 Letter of confirmation
✔ Serving as state government affairs liaison to monitor laws and bills pertaining to dance/movement therapists for one year 10 Letter of confirmation
✔ Elected or appointed to an ADTA Board position for one year (e.g., conference co-chairs, committee chairs) 10 Letter of confirmation
✔ Serving as an officer of an ADTA chapter for one year 10 Letter of confirmation
✔ Teaching a course or presenting a workshop for one hour 2 Letter of confirmation

D. Supervision*

✔ Providing four hours for dance/movement therapy interns, R-DMTs, or BC-DMTs 1 Supervision form
✔ Receiving four hours of supervision (peer, group, individual) 1 Supervision form

*Providing supervision is not defined as Continuing Education by NBCC for NCCs. BC-DMTs who are NCCs will need to follow NBCC's requirements for continuing education

E. Other
Reading professional literature and research in one year 4  Literature summary form
Structured classes (e.g., ethnic dance, Feldenkrais) for one year 4  Participation certificate

CATEGORIES OF CE ACTIVITIES

<table>
<thead>
<tr>
<th>CATEGORY</th>
<th>MAXIMUM NUMBER OF HOURS IN 5 YEARS</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Workshops, conferences, seminars</td>
<td>100</td>
</tr>
<tr>
<td>2. College/university courses</td>
<td>100</td>
</tr>
<tr>
<td>3. Publication activities</td>
<td>50</td>
</tr>
<tr>
<td>4. Research activity</td>
<td>50</td>
</tr>
<tr>
<td>5. Advocacy/leadership</td>
<td>50</td>
</tr>
<tr>
<td>6. Supervision/consultation</td>
<td>20</td>
</tr>
<tr>
<td>7. Other</td>
<td>20</td>
</tr>
</tbody>
</table>

Continuing Education Hours are to be accrued in more than one category. Please seek opportunities to continue your education in areas that would most benefit you and your clients. It is the BC-DMT’s responsibility to keep an accurate record and required documentation of continuing education activities.

Deadlines: Each BC-DMT is responsible for accruing 100 CE hours every five years beginning the year of being awarded the BC-DMT. Prior to the filing date, a BC-DMT may send a request in writing to the DMTCB for a six-month grace period to complete the 100 CE hours. Note that a change of status as per the status categories below can be requested.

Please note: All Continuing Education Files are subject to a random audit. KEEP YOUR DOCUMENTATION but do not send documentation to the office unless specifically requested.

Continuing Education Filing Form: Each BC-DMT will submit the Continuing Education Filing form, certified by a Notary Public and the $25 filing fee postmarked by the filing date.

International Members Only: Notary public not required, however your signature must be witnessed and your form co-signed and dated. The $25 filing fee must be submitted in U.S. funds.

ADTA chapters and BC-DMTs can request a CE procedures packet from the National Office to provide CE hours for workshops at chapter meetings and other functions.

The following status options are available to BC-DMTs:

Status options: BC-DMTs may request in writing to be granted one of these status options.

1. Reduced-Practice
Candidates for this status will sign an attestation that they practice no more than 10 hours per week as a dance/movement therapist. They: May use the “BC-DMT” designation; Must continue to adhere to the ADTA Code of Ethics; Have no time limitation for retaining this status; $50 per year fee; 10 hours of continuing education are required every 5 years with recertification date; Requires submission of form and fee payment.

2. Retired-Inactive
Not currently practicing as a dance/movement therapist; May use the “BC-DMT Retired-Inactive” designation, but not “BC-DMT”; Must continue to adhere to the ADTA Code of Ethics; No time limitation for retaining this status; $50 per year fee; No requirement for continuing education hours; Requires submission of form and fee payment.

3. Temporary-Inactive
Not currently practicing as a dance/movement therapist; May use the “BC-DMT-Inactive” designation, but not “BC-DMT”; Must continue to adhere to the ADTA Code of Ethics; 4 year time limit for retaining this status; $50 per year fee; No requirement for continuing education hours; If the BC-DMT’s recertification date passes while under this status, the 100 hours of continuing education are due once the Temporary-Inactive status is expired. The BC-DMT can request a one-year extension from the time the status expires to complete the 100 hours; Requires submission of form and fee payment.

4. BC-DMTs may also choose to relinquish their credential. Reinstatement to active status from any of these status options or from relinquished status is obtainable through maintenance of continuing education hours, application to the
NOTE FOR BC-DMTs WHO ARE ALSO NCCs

BC-DMT/NCC: National Certified Counselor re-certification is through NBCC every five years. Continuing Education in dance/movement therapy and related topics is an approved content area for BC-DMT/NCCs. BC-DMTs who are also NCCs are responsible to meet NBCC requirements for NCC recertification.

ADTA is an approved NBCC provider. ADTA conference workshops that fit under the NBCC categories count as hours for both ADTA and NCC. Most state licensing boards honor NBCC approved providers. Check with your state licensing board to see if CE hours meet their requirements.

NBCC requires that CE workshops cover one of the following categories:

- Counseling theory
- Human growth and development
- The helping relationship, group dynamics and processes
- Life-style and career development
- Appraisal of individuals
- Research and evaluation
- Professional orientation