R-DMT CONTINUING EDUCATION

The Dance/Movement Therapy Certification Board (DMTCB) requires Registered Dance/Movement Therapist (R-DMT) to complete 50 hours of Continuing Education every five years to maintain registry.

Definitions: Continuing Education is understood to mean activities which the professional seeks in order to expand dance/movement therapy knowledge and skills. Continuing Education (CE) hours are defined as actual participation or clock hours in an activity.

Conversion: October 9, 2009 ADTA retired the DTR and ADTR credentials and adopted R-DMT and BC-DMT respectively, as their replacements. All active credentials were automatically converted on that date and holders of lapsed credentials have a grace period of three (3) years to re-activate a lapsed credential and be converted. Deadlines for filing CE compliance were not affected by the conversion. The individual compliance dates – July 1, 2013 for those receiving the former DTR prior to June 30, 2008 and every five (5) years thereafter (2018, 2023, etc.) remains the same. Those who were granted the former DTR between June 30, 2008 and October 8, 2009 must file CE compliance by July 1, 2014.

Deadlines: Each R-DMT is responsible for maintaining documentation, and recording CE hours, and filing CE compliance five (5) years after receiving the R-DMT and every five years thereafter. Hours are documented by completing the CE Filing Form and sending to the DMTCB via the ADTA National Office by July 1 of the required year. If the BC-DMT has been awarded within the five year timeframe for CE compliance, the BC-DMT CE requirements will apply instead and be required five (5) years after the BC-DMT was awarded.

Prior to the Filing Date, an R-DMT may request in writing a six-month grace period to complete the 50 CE hours. If the CE hours are not submitted by the end of the grace period, the R-DMT will be suspended and the individual is bound by the Code of Ethics to neither practice as R-DMT nor list the R-DMT beside one's name. Upon filing the 50 CE hours and paying fees due, the R-DMT credential will be reinstated.

Documentation: It is the R-DMT's responsibility to keep an accurate record and required documentation of continuing education activities. Each R-DMT will download the CE Filing Form from the DMTCB area of the ADTA website and mail it to the DMTCB via the ADTA National Office, postmarked by the Filing Date. It is not necessary to send in the CE folder or individual CE certificates.

DANCE/MOVEMENT THERAPY CERTIFICATION BOARD
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GUIDELINES FOR CATEGORIZING R-DMT CONTINUING EDUCATION

I. EDUCATION*

A. Continuing Education
   ✓ Courses in work settings
   ✓ Courses in professional institutes
   ✓ Workshops at professional conferences
      (includes ADTA conference and chapter workshops)

B. Professional Education
   ✓ Enrollment for credit and receipt of passing grade

*NOTE – Content for Continuing and Professional Education includes but is not limited to:
dance/movement therapy theory and practice; individual, family, and group dynamics; specific patient populations (diagnosis, age); treatment approaches; movement interventions; movement observation and analysis; administration; research methodology and design; evaluation techniques; legal and ethical issues; private practice; professional writing; technology training (e.g., using research software, using the Web); NCE preparation; counseling courses.

II. PROFESSIONAL DMT ACTIVITIES

A. Publishing
   ✓ Authoring a refereed article or chapter 25 Copy of cover page
   ✓ Authoring a non-refereed article or chapter 5 Copy of cover page
   ✓ Serving on an editorial board for one year 10 Letter of confirmation
   ✓ Producing or authoring a video for educational purposes 25 Copy of credits

B. Research
   ✓ Research team member actively engaged in project 20 Letter of confirmation

C. Advocacy
   ✓ Advocating for dance/movement therapy or providing expertise to institutions or allied associations (NCCATA officer, non-paid consultant, delegate to special interest group) for one year. 10 Letter of confirmation
   ✓ Advocating for dance/movement therapy to prospective dance/movement therapists at career/college days 2 Letter of confirmation
   ✓ Serving as state government affairs liaison to monitor laws and bills pertaining to dance/movement therapists for one year 10 Letter of confirmation
   ✓ Elected or appointed to an ADTA Board position for one year (e.g., conference co-chairs, committee chairs) 10 Letter of confirmation
   ✓ Serving as an officer of an ADTA chapter for one year 10 Letter of confirmation
   ✓ Teaching a course or presenting a workshop for one hour 2 Letter of confirmation

D. Supervision*
   ✓ Receiving dance/movement therapy BC-DMT supervision (group or individual) 30 Supervision form

E. Other
   ✓ Reading professional literature and research in one year 4 Literature summary form
   ✓ Structured classes (e.g., ethnic dance, Feldenkrais) for one year 4 Participation certificate

*Receiving supervision may not be defined as Continuing Education by NBCC for the NCC or by states for licensed individuals.
<table>
<thead>
<tr>
<th>CATEGORIES OF CE ACTIVITIES</th>
<th>MAXIMUM NUMBER OF HOURS IN 5 YEARS</th>
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<tbody>
<tr>
<td>1. Attending workshops, conferences, seminars</td>
<td>35</td>
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<tr>
<td>2. Taking college/university courses</td>
<td>35</td>
</tr>
<tr>
<td>3. Receiving BC-DMT supervision</td>
<td>30</td>
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<tr>
<td>4. Publication activities</td>
<td>25</td>
</tr>
<tr>
<td>5. Research activity</td>
<td>25</td>
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<tr>
<td>6. Advocacy/leadership</td>
<td>25</td>
</tr>
<tr>
<td>7. Other</td>
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<tr>
<td>Reading professional literature &amp; research in one year</td>
<td>4</td>
</tr>
<tr>
<td>Structured Classes (e.g., dance, Feldenkrais) for one year</td>
<td>4</td>
</tr>
</tbody>
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Continuing Education Hours are to be accrued in more than one category. The above list does not include all the possibilities for continuing education for dance/movement therapists. Please seek opportunities to continue your education in areas that would most benefit you and your clients.

**Deadlines:** Each R-DMT is responsible for accruing 50 CE hours every five years beginning the year of being awarded the R-DMT. Prior to the filing date, an R-DMT may send a request in writing to the DMTCB for a six-month grace period to complete the 50 CE hours. Note that a change of status as per the status categories below can be requested.

**Please note:** All Continuing Education Files are subject to a random audit. KEEP YOUR DOCUMENTATION but do not send documentation to the office unless specifically requested.

**Continuing Education Filing Form:** Each R-DMT will submit the Continuing Education Filing form, certified by a Notary Public and the $25 filing fee postmarked by the filing date.

**International Members Only:** Notary public not required, however your signature must be witnessed and your form co-signed and dated. The $25 filing fee must be submitted in U.S. funds.

ADTA chapters can request a CE procedures packet from the National office to provide CE hours for workshops at chapter meetings and other functions.

**The following status options are available to R-DMTs:**

**Status options:** R-DMTs may request in writing to be granted one of these status options.

1. **Reduced-Practice**
   - Candidates for this status will sign an attestation that they practice no more than 10 hours per week as a dance/movement therapist. They: May use the “R-DMT” designation; Must continue to adhere to the ADTA Code of Ethics; Have no time limitation for retaining this status; $50 per year fee; 5 hours of continuing education are required every 5 years with recertification date; Requires submission of form and fee payment.

2. **Retired-Inactive**
   - Not currently practicing as a dance/movement therapist; May use the “R-DMT Retired-Inactive” designation, but not “R-DMT”; Must continue to adhere to the ADTA Code of Ethics; No time limitation for retaining this status; $50 per year fee; No requirement for continuing education hours; Requires submission of form and fee payment.

3. **Temporary-Inactive**
   - Not currently practicing as a dance/movement therapist; May use the “R-DMT-Inactive” designation, but not “R-DMT”; Must continue to adhere to the ADTA Code of Ethics; 4 year time limit for retaining this status; $50 per year fee; No requirement for continuing education hours; If the R-DMT’s recertification date passes while under this status, the 50 hours of continuing education are due once the Temporary-Inactive status is expired. The R-DMT can request a one-year extension from the time the status expires to complete the 50 hours; Requires submission of form and fee payment.

4. R-DMTs may also choose to relinquish their credential. Reinstatement to active status from any of these status options or from relinquished status is obtainable through maintenance of continuing education hours, application to the
NOTE FOR INDIVIDUALS WHO HOLD STATE LICENSES OR THE NCC

*NCC: National Certified Counselor* recertification is through NBCC every five years. Continuing Education on dance therapy and related topics is an approved content area for the NCC. Individuals who hold the NCC are responsible to meet NBCC requirements for NCC recertification. ADTA is an approved NBCC provider. ADTA conference workshops that fit under the NBCC categories count as hours for both ADTA and NCC. Most state licensing boards honor NBCC approved providers. Check with your state licensing board to see if CE hours meet their requirements.